

Some History - Info - Current Events & Fun in The Heart of The State of Jefferson

**F  
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# JEFFERSON BACKROADS



**JULY 2011**



Come Enjoy  
the Scott  
Valley  
Bluegrass  
Festival  
In Etna  
July 16-17.

There  
are a ton  
of amazing  
events goin on  
All Over  
The State of  
Jefferson  
this summer!

Photo from 2010  
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by Chuck Nelson

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## Happy Birthday America !!

We are happy to report  
that The Mythical State of  
Jefferson is most definitely  
alive and well.

We bring you stories,  
upcoming events, history and  
spotlight articles about the  
Mom & Pop Shoppes,  
businesses, artists, musicians,  
inns, eateries, recreational  
opportunities and community  
organizations proudly  
operating here in the Very  
Heart of The State of  
Jefferson: Rugged &  
Beautiful Siskiyou County.

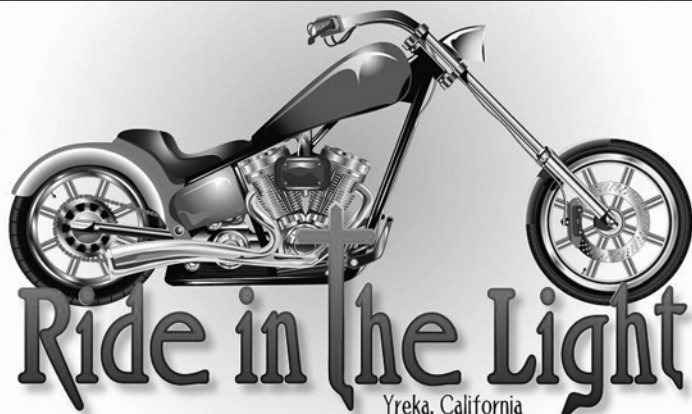


**Hit the Backroads!**

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## Bikers to Hit the Backroads for Veterans & The Disabled

Bugs in your teeth, wind in your face, panoramic views with Mt. Shasta towering in the background, and the smells of evergreens or perhaps fresh road apples drifting into your nostrils. What better way to stimulate your senses, as you wind your way through the backroads of the Magnificent State of Jefferson, than on a motorcycle. Come experience the open road, rural majesty, that lures bikers to the third offering of the Ride in the Light Rally, taking place in the Capital City of the 51st state. Yreka is home to this increasingly popular event that takes place July 8 - 10, 2011 at the Siskiyou Golden Fairgrounds.



### BIKER RALLY

July 8 - 9 - 10, 2011

Siskiyou Golden Fairgrounds  
Yreka, California  
(530) 598-2277

[www.rideinthelightrally.com](http://www.rideinthelightrally.com)

New to this year's event and one of the highlights will be the Wheelchair and Disabled Parade. Our goal is to honor and bring awareness to those living with disabilities. Benefiting them is our cause. We want to encourage you to reach out to them and integrate, instead of avoid or alienate. The local Stable Hands, Good Will, and Siskiyou Opportunity Center have been invited to participate in the parade. To enter the parade contact us at [rideinthelightrally@yahoo.com](mailto:rideinthelightrally@yahoo.com). Decorate your wheelchairs with the motorcycle theme to win a prize. Participants need to be at the fairgrounds by 9am on July 9th. Wheelchair accessible monster truck "Airborne Ranger Too" will be part of the festivities.

Following the parade will be a poker run for the bikes, traveling to destinations in the south county. Family friendly activities continue throughout the day at the fairgrounds including vendors, food, car show, bike show, bike games, music, and a Saturday evening concert open to all, featuring Portland based "Truth be Told Band" and Grammy and Dove award recording artist Bryan Duncan. Lawn seating tickets to the concert are available for only \$10.00 at Scott Valley Respiratory Homecare at 1715 S. Oregon St. or online at [www.rideinthelightrally.com](http://www.rideinthelightrally.com).

Sunday brings the conclusion of the event, with an early morning ride, followed by a free breakfast provided by Decision Life Church of Yreka. Biker church open to all begins at 10:00 a.m. featuring quadriplegic speaker Ron Heagy. He is sure to challenge us all about our attitudes, while he maintains a positive one, living in a wheelchair paralyzed from the neck down. This is a don't miss free day. Folks are still talking about how Ron has influenced their lives from last year's event.

May we meet you all on a backroad to somewhere in the State of Jefferson this summer. *Article by Curly Culp.* ♦

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# HISTORY OF YREKA

by Claudia A. East

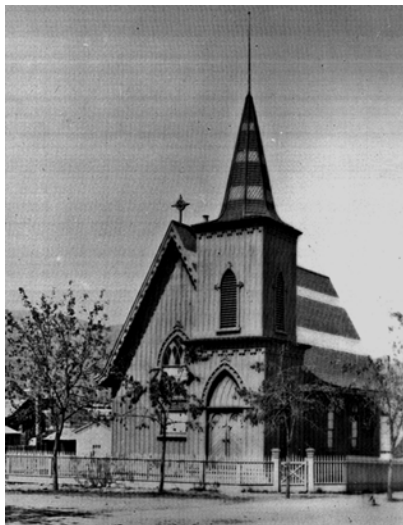
## St. Mark's Church in Yreka

*Join us each month for Claudia East's fascinating historical stories of the town of Yreka, California. Feel free to read and follow Claudia on her blog at: <http://yrekahistory.blogspot.com>. -Editor*



This charming church building (photo below) has had a long and distinguished life in Yreka with many of its former parishioners being the foremost leaders in the community for several generations. One will find "St. Mark's" on the corner of Fourth and Lane Streets in Yreka. The parish was originally known as the Church of Saint Lawrence and was constructed in 1880. If someone from that era would walk around town today, they would easily recognize this building. They may note a few changes and additions, but the basic structure is quite original. In 1885 the congregation changed their name to Saint Mark's. The first services of in this building were held in January of 1881. In 1886 a charming picket fence was constructed and surrounded the church and the church yard.

History tells us that the original price tag for the building and furnishings of the church was \$3,100. A local man, Cal Gentry, did the framing and building of the church as well as building the tower. The cost for the labor was \$1,400, the rest in materials. The walls of the building were constructed of





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2 x 10 tongue and groove, stood up on end; there is no studding and no cap sheet. The roof is carried by seven arches. The exterior of the roof also had an unusual striped design in the shingles that can be viewed on vintage photographs. These original shingles, each hand carved and shaved at one end, served the church for 67 years according to historical writings. It was made of sugar pine and somewhat resembled the appearance of fish scales.

There was an original bell that hung in the bell tower that was hung by local builder, E. Ranous in 1886. It was reported to weigh about 350 pounds and gave a "clear sound of good tone." However, in November of 1900 this bell fell and news articles state it was replaced about a month later.

Originally the church was designed by a ship's architect, William S. Moses, and the original interior of the building appeared like an inverted ship's hull. The church stood in its original condition until a severe roof fire in January of 1962. The congregation restored the church in September of that same year, but modified the interior walls somewhat; however, the exterior of the building was not significantly changed.

It was on January 1, 2011 that St. Mark's Episcopal Church officially closed. It was a difficult and painful decision on the part of the congregation and Northern California Episcopal Diocese, but ultimately unavoidable. It shortly followed that the Yreka Committee for Historic Preservation began discussions with the Diocese on acquiring the property. Although the charming church is no longer used by a single religious order, it continues to serve the community as not only a place of worship on Sundays but as a meeting place for Preservation, a place for weddings and memorial services, as well as a place for musical endeavors and other community activities.

Visitors are welcome to stop by St. Mark's Preservation Square and take a little historical tour of this delightful building on any day when services are not being held. Yreka Preservation is in the process of developing a research center in the former Rectory (house) adjacent to the church building. St. Mark's Preservation Square is an active and interesting place!

*Find out more at [www.yrekapreservation.org](http://www.yrekapreservation.org).* ♦

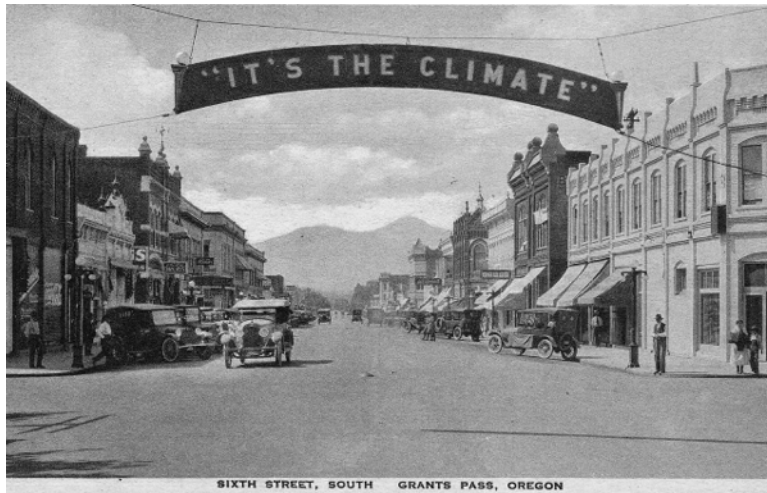


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## Discovering The State of Jefferson

by Gail L. Jenner

*Follow along with Gail each month and enjoy another new story of the many historical towns and areas found scattered throughout The State of Jefferson.* 

### The Early Brewery in Grants Pass, Oregon

In 1886, a brewery opened in Grants Pass where Front Street, or "G" Street, crossed Gilbert Creek. Grants Pass was a small but thriving community then, most important as a railroad stop. The Southern Pacific Railroad depot was built along the tracks right in the middle of what is now 6th Street. Settlers from the Medford-Jacksonville area had to come to Grants Pass to catch the train or ship goods.

In 1885, when the city was incorporated and the county borders adjusted, Grants Pass was shifted from Jackson County to Josephine County and made the county seat of Josephine County.

When the brewery's well was drilled an abundant flow of water was tapped. It flowed freely with a superior quality that made it perfect for making high quality beer. In fact, the Rogue River Weekly Courier reported that the water appeared as if it was "heavily charged with carbon, with an unbelievable clearness, that caused it to sparkle like a thousand stars."

In January 1887, William Neurath & Co. was granted a malt liquor license by the City of Grants Pass, County of Josephine, thus the brewery was legally open for business.


In 1892-93, however, the brewery closed down and did not reopen until 1902. In the interim, the brewery building was used as an apple packing plant. Then, in January of 1902, the wood structure was destroyed by fire.

Owners Mr. and Mrs. Eugene Kienlin immediately began construction of a new brick building. In September 1902, the building was nearly finished. New brewing equipment was also purchased and installed and a brewer from Germany hired. Three months later Kienlin installed a handsome bar and began brewing.

Maria Theresa Kienlin was described as a lively and energetic woman. She was round, short, and well built. She owned several brightly colored parrots and it was common to see them all around the brewery or even perched on her shoulders.


During prohibition, the brewery was converted into a grocery store and bakery, still owned and operated by Maria Kienlin after her husband, Eugene, passed away in 1904. She continued to work the business and in 1933, applied for, but never received, a license to once again brew beer. But Maria Theresa Kienlin died in 1934, at age 78. She didn't live to see a new enterprise take shape.

Finally, in 1975, three weeks before a planned demolition, it was rescued and in 1976 was reopened as a popular restaurant. Still called The Brewery, the eatery specializes in prime rib, steaks, fresh seafood, and pasta. It stocks a fully licensed bar and carries a large selection of microbrews. Call 541-479-9850 for more information. ♦




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# Scott Valley BLUEGRASS FESTIVAL

JULY 16-17

## 2011 SCHEDULE OF EVENTS

**FRIDAY, JULY 15th - 6:00 PM**

**"JAMMIN' ON MAIN"** An open to all jam session on Main Street in downtown Etna. Bring your instrument or just come to enjoy.

**SATURDAY, JULY 16th**

10:00 AM - 9:00 PM - Bluegrass Festival in the park

**SUNDAY, JULY 17th**

8:30 AM - Church Service in the park

10:00 AM - 5:00 PM Bluegrass Festival in the park

## TICKETS AND INFORMATION

[WWW.SCOTTVALLEYBLUEGRASS.COM](http://WWW.SCOTTVALLEYBLUEGRASS.COM) or (530)467-4144

It's that time of the year again! Bluegrass bands from all over the USA as well as hundreds of happy, music-loving souls will gather in the quaint Siskiyou County village of Etna, California for an amazing weekend of outdoor music, food, drink, crafts, and relaxing fun!

This is Etna's 8th Annual Bluegrass Festival. The proceeds of these amazing musical performances have combined to give local high school students over \$20,000 in college scholarships! This is phenomenal for a tiny little rural American country town!

Come to Etna and be a part of this marvelous and super fun weekend-long event. There will be a program distributed in the Siskiyou Daily Newspapers the week before the event!

*Get your tickets and make your camping or lodging reservations soon! See You There!*

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Bluegrass is a form of American roots music and is a sub-genre of country music. It has mixed roots in Scottish, English, Welsh and Irish traditional music. It was inspired by the music of immigrants from the UK and Ireland, particularly the Scotch-Irish immigrants in Appalachia, and was also influenced by the music of African-Americans through incorporation of elements of jazz.

## Bob's Ranch House

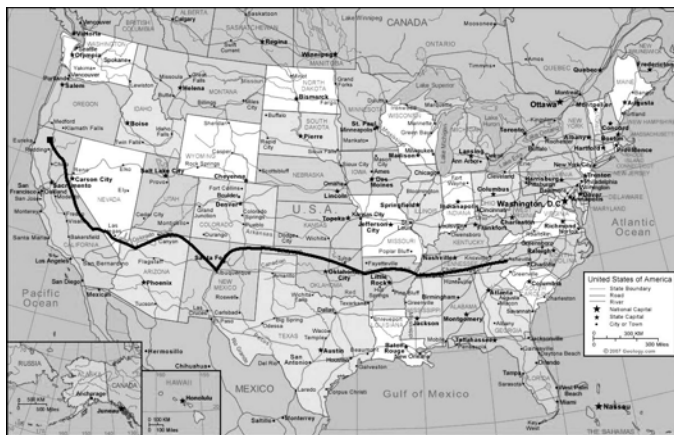


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# Kevin Citta - Biking for Wishes Tour 2011

The map at left shows the route Kevin Citta will be riding his Bicycle to raise funds & promote awareness for the "Make a Wish Foundation." He is riding from Weed, California to Asheville, North Carolina this summer.

*Hello everyone, just wanting all of us to keep Kevin on our minds this summer. Anyone wanting to put money into the "FEED KEVIN" fund to keep him well-fed for the next 2 1/2 months - so he can raise as much money as possible for the Make-A-Wish Kids, all you gotta do is go to the links on his blog site at the bottom of this page or call Weed Chamber at 938-4624.*

*Here are a few words from Kevin's recent blog posts...*

## Day 12

Woke up well rested to a beautiful sunny day! Shortly into the ride I stopped to climb up on a big rock hill to check out the view. So glad I did, it was awesome! After relaxing for a little bit and taking a few photos I started my climb up to Conway Summit. About halfway up I spotted a large red fox on the side of the road. When I reached the top of the summit I was treated to an excellent view of Mono Lake. From there it was an exciting downhill ride to the lake with 2 lanes so I got my own personal lane! So nice!! I took a break at Mono Lake and walked the boardwalks for a better view. The lake is quite interesting. The only living species in the lake is Brine Shrimp which the birds love to feed off of. Aerial surveys have revealed 1.8 million birds on lake in the fall! I met some very kind people at the lake. One man gave me an ice cold water and I chatted a while with a guy named Sten who was on vacation with his family. Very kind folks! After the lake break I headed up a steep hill to the town of Lee Vining. I really like Lee Vining, small and charming mountain town. Made a stop at the grocery store and got a free camping suggestion from the cashier which turned out to be excellent! This was actually my first night camping on the trip and I couldn't have asked for a better campsite. It was located right on a beautiful river and I had it all to myself. After getting set up and cleaning myself up in the river I headed back into town to get some beer and food for dinner. Made some spaghetti over the fire, hung my food in a tree in case of bears, and had a few beers while listening to the sound of the river. What a day/night!



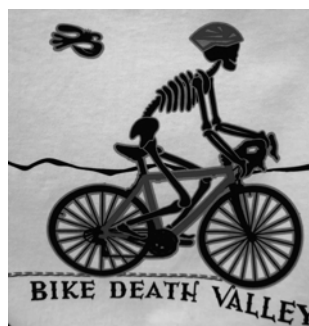
July 7 through July 10, 2011 in  
beautiful Weed, California

The Weed Chamber of Commerce is happy to host the Annual Weed Carnevale. This is a time for friends and family to gather for a weekend of carnival rides, delicious food, great music, bocce ball, softball, and so much more!

Contact the Weed Chamber of Commerce for all the specifics at (530) 938-4624 or go to [www.weedchamber.com](http://www.weedchamber.com).



Kevin's awesome little High Sierra camp fire . . .



A couple FUN images Kevin saw recently in Death Valley

**To make a donation to the Make-A-Wish Foundation, here is Kevin's Blog Site: <http://www.kevincitta.blogspot.com> There are links for Make-a-Wish AND to FEED KEVIN !!**



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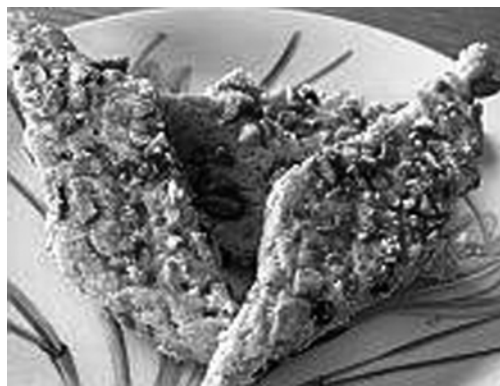
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## "Food That's Gold"

By Chef Caroline White Brask



Stenhammar Cookies

Lavender, is known as the herb of royalty, the herb of soothing relaxation and generating a good immune system. The ancient written texts tell of its uses throughout time and the joy it brought the people. King Charles VI of France had cushions strewn about his rooms so that when one sat, it would perfume the air. Queen Elizabeth the I, had lavender incorporated into the table salt to sprinkle on meats. It also found its place in the baking department to lavish on cakes, scones, and even the honey laced lavender to add to the assorted teas of the day.

Here in Siskiyou County we have wonderful lavender fields to enjoy. The beauty of the view out at the Lavender Farms is breath taking. What an award winning photo op to enter in the Golden Fair this August.

If you have a stand of Lavender in the yard be sure to pick a nice bouquet this month. To make Lavender Sugar, rinse the bouquet under slow running cold water and shake it dry over some paper towels. Allow the little brackets that fall off the stems to dry in a quiet spot. Find a plastic container with a lid and start with 1 cup of granulated sugar. Spread a liberal tablespoon of the lavender brackets over the sugar in layers and continue in this fashion until the container is full. Allow it to sit for several days and open to enjoy this delightful infused sugar.

These cookies make a wonderful Christmas present to place in a colorful glass container or a little tin box. Add the recipe for the Stenhammar Cookies and it is sure to be a hit.

### Stenhammar Cookies

Oven Temperature 350 degrees

1 ¼ Cups unsalted butter, room temperature

3 Cups all purpose Flour (use 2 ½ Cups if incorporating more almonds)

1 ¼ Cups sugar

1 teaspoon baking powder

2/3 Cups dried Cranberries or dried favorite such as currents or raisins

Chef's Note: (I like to use ½ cup of almonds as part of the flour-grind them with a little of the flour so it will not turn into paste.)

### Topping:

½ Cup of ground almonds

1 Cup of the Lavender Sugar (instructions above)

Combine all the ingredients, kneading lightly. Divide into 6 pieces and roll into finger size thick ropes.

Place on a greased or parchment paper lined baking sheet. Flatten slightly. Brush with beaten egg and sprinkle with chopped almonds and the Lavender Sugar.

Bake on the center oven rack for around 15 minutes. Cut into ¼ inch wide diagonal slices while still warm. ♦

# DUNSMUIR HISTORY

## THE BRIDGES

By Ron McCloud

There are actually three bridges. The spans that cross the Sacramento River, the railroad, and the deep canyon are best seen from underneath. Walk under them today and as you look up you can understand how they have evolved

The story goes back to 1855 when Ross and Mary McCloud bought property known as Upper Soda Springs in the vicinity of what is now Tauhindauli Park. They built a rustic inn which evolved into an elegant hotel. As a stagecoach stop it attracted many visitors to enjoy the scenery, fishing, hunting and the soda water. Shortly after buying the property, Ross McCloud built a wooden toll bridge slightly downstream from the present Interstate bridge. In 1886 the railroad established a stop upstream from the toll bridge. A footbridge crossed the river there for access to the Upper Soda Springs Resort.

Then in 1915 construction began on an arched bridge which would carry the heavier automobile traffic of Highway 99 following what is now Dunsmuir Avenue. That triple span two lane bridge was designed by master engineer Harlan D. Miller who was at the height of his career in bridge design. His graceful reinforced concrete arches all along the state highway system were things of beauty. Completion of the bridge in 1916 was cause for celebration as North Dunsmuir and South Dunsmuir were connected. A pedestrian walkway was added in 1929.

The bridge however, was inadequate to handle the increasing automobile traffic. It was widened in 1953-55 by the addition of a parallel structure on the upstream (west) side. The pedestrian walkway was eliminated and the two parallel bridges supported a four lane roadway. The new structure was nearly identical to the 1916 bridge with three graceful curved arches. It is the bridge we see today looking toward the east.



The original 579-foot-long Dunsmuir Bridge under construction in 1916. Cost to build the two-lane bridge was \$45,418. A pedestrian walkway was added later at a cost of \$6,550. Photo courtesy of Ron McCloud.

Then in 1964-65 the original 1916 bridge was removed and replaced by a more modern square-arched bridge on the downstream side of the 1955 bridge. This is why the Interstate bridge looks so different when viewed from the east side. At the same time, the modern Dunsmuir Avenue bridge – the “800 Foot Bridge” - was built upstream (west) of the Interstate bridge. Major construction took place to create on-ramps and off-ramps and to straighten Dunsmuir Avenue as we know it today.

There is an echo of the 1916 bridge under the Interstate today although thousands of drivers pass over it and never know.

*Ron McCloud is co-author with Deborah Harton of a history of the town of Dunsmuir published by the Arcadia Publishing Company in 2010. He is the owner of Dunsmuir Hardware – which dates from 1894. ♦*

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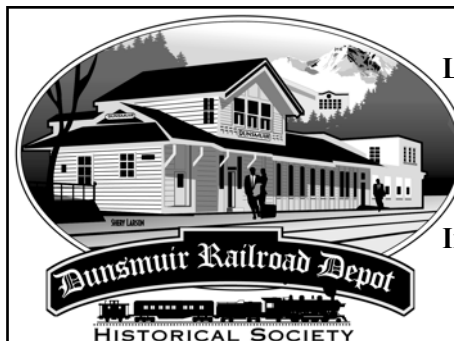
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**Need help planning a trip?** We can help you decide the best location and length of stay. We can even arrange accommodations in town with our recreation service partners.

**Service provided in the Marble Mountain, Trinity Alps, and Russian Wilderness in the Klamath National Forest** which hosts spectacular recreation and educational opportunities.

**Trail Blazers** is committed to improving the quality of life for everyone. We do this by promoting and providing access to wild places and spaces. Our services include trail design and construction,

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Our unique combination of professional and labor skills allows us to offer our customers the best quality and service available. We have over 50 years combined experience to ensure it gets done right and safe. Consider us your premiere choice for all your needs in the wilderness or other remote areas. We are contract ready.

*You can contact Lee or Lorrie Bundy, owners of Little Critters and Trailblazers at (530) 598-5463 or find them online at [www.trailblazersonline.com](http://www.trailblazersonline.com).* ♦

## 9 State of Jefferson Locations



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**You are invited!**



**Come celebrate with us and see how this program is  
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- ★ *Enjoy a spaghetti dinner hosted by Pat and Mickey Hayes of  
the Double H Ranch*
- ★ *Tour the official home of Stable Hands and  
Horses for Heroes*
- ★ *Meet the Veterans in the program*
- ★ *Meet the Staff and Volunteers*

**Wednesday July 27, 2011  
5pm to 7:30pm  
1225 Walters Lane  
Yreka, CA 96097**

**RSVP by July 23, 2011  
Call 530/842-3082**



## Local Chamber of Commerce Information

Butte Valley  
PO Box 541  
Dorris, CA 96023  
530-397-2111  
[www.buttevalleychamber.com](http://www.buttevalleychamber.com)

Mt. Shasta Visitor's Bureau  
300 Pine Street  
Mt. Shasta, CA 96067  
530-926-4865  
[www.mtshastachamber.com](http://www.mtshastachamber.com)

Dunsmuir  
5915 Dunsmuir Avenue  
Dunsmuir, CA 96025  
530-235-2177  
[www.dunsmuir.com](http://www.dunsmuir.com)

Scott Valley  
PO Box 374  
Etna, CA 96027  
[www.scottvalley.org](http://www.scottvalley.org)

Happy Camp  
PO Box 1188  
Happy Camp, CA 96039  
530-493-2900  
[www.happycampchamber.org](http://www.happycampchamber.org)

Tulelake  
PO Box 1152  
Tulelake, CA 96134  
530-667-5312  
[www.visittulelake.com](http://www.visittulelake.com)

McCloud  
PO Box 372  
McCloud, CA 96057  
530-964-3113  
[www.mccloudchamber.com](http://www.mccloudchamber.com)

Weed  
34 Main Street  
Weed, CA 96094  
1-530-938-4624  
[www.weedchamber.com](http://www.weedchamber.com)

Yreka - County Seat  
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Timothy G. Willis, DDS  
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## Joe Faris

(530) 598-4020  
[JoeFaris@hotmail.com](mailto:JoeFaris@hotmail.com)



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[www.jeffersonbackroads.com](http://www.jeffersonbackroads.com)

## YREKA HISTORY!

These books available at the  
Siskiyou County Museum &  
at Yreka Preservation.

<http://yrekahistory.blogspot.com>



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Facebook

## WARNER'S WAGONS

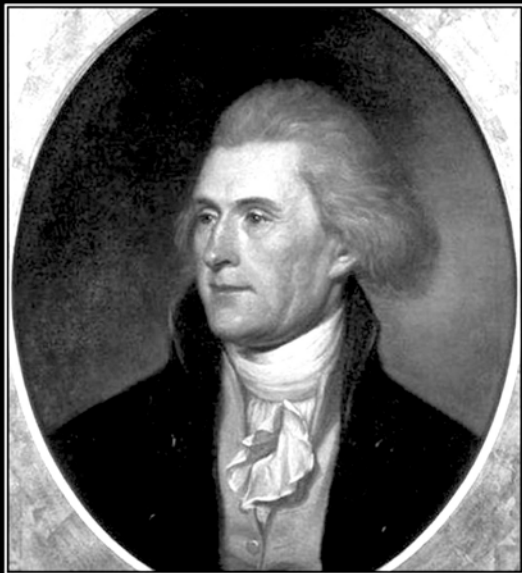
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## What IS The State of Jefferson ? By Gail Jenner



**THOMAS JEFFERSON**

Thomas Jefferson lived from 1743 to 1826. He was the 3rd President of the United States, principal author of the Declaration of Independence, and an amazing inventor and avid gardener. He lived an amazing life.

"An army of asses led by a lion is better than an army of lions led by an ass."

— George Washington

"Many of life's failures are people who had not realized how close they were to success when they gave up."

— Thomas A Edison

Today's State of Jefferson refers to portions of Southern Oregon and Northern California. Originally this region represented the "second half" or "northern mines" of the famous gold rush of 1849-50, but it never received the kind of historical reference that the Sierra Mother Lode did, even though it contributed as much, if not more, to the coffers of the two states. Moreover, the region was easily overlooked after the gold rush, since it continued to be less populated and more rural than the remainder of the two states.

The name Jefferson was selected after Yreka's local paper, The Siskiyou Daily News, ran a contest. J. E. Mundell of Eureka, California, submitted the winning name. A seal was created: a gold mining pan etched with two Xs to signify the double-cross by Salem and Sacramento politicians. Today the seal is still used on flags, banners, and State of Jefferson memorabilia.

Because the people who have settled along the northern boundary of California and the southern boundary of Oregon have always been of an independent nature, it seems fitting that this region has attempted, on numerous occasions, to create a new state, not just in name or principle, but in reality as well.

Even today, the dream lives on for this unrealized, some might even say, mystical State of Jefferson. With majestic Mt. Shasta at its heart, and the Cascades forming its backbone, the region's wild rivers and rugged peaks both isolate and, at times, insulate its residents from the more populated outside world. Ranching, mining and logging have been its traditional source of wealth, but now recreation and tourism compete as major industries.

It is the people who reside here that make the greatest contribution to the character of this region we love, proudly called The State of Jefferson. ♦



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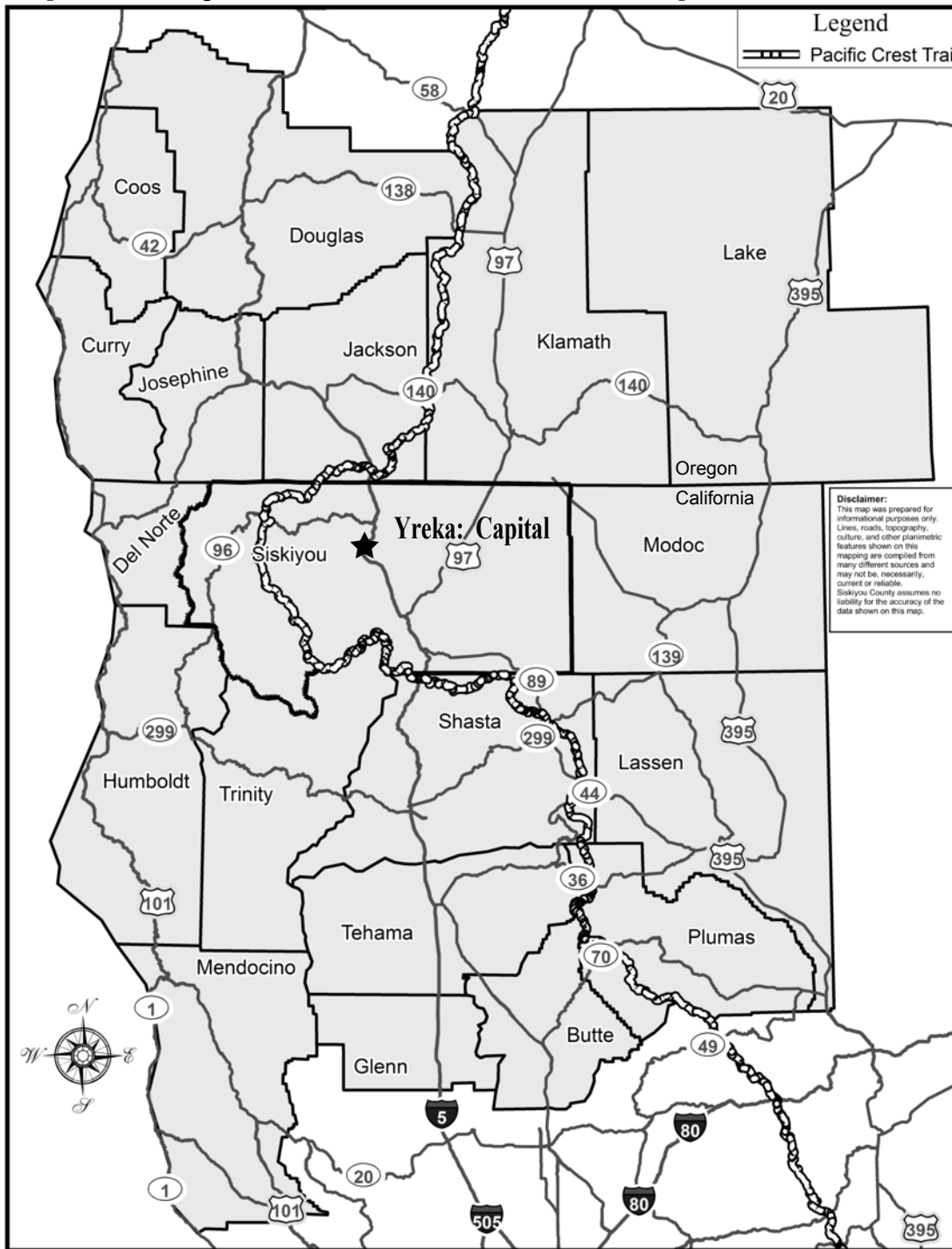
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# Map of The Oregon and California Counties that Make Up The State of Jefferson



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**GARDENING  
TIDBITS**

*Articles submitted by Scott Valley Feed*



Containers full of herbs to enhance your recipes, growing on your patio, window sill or deck, could quite possibly be the most valuable items in your garden. Even if you have acres of land, it is really great to be able to pick a handful of fresh grown

herbs from your own beautiful container garden, right outside your kitchen door! Some favorites to keep close at hand in large pots or wooden oak or redwood barrels are rosemary, mint, thyme, basil, oregano and chamomile.

**Rosemary:** Hardy perennial. Doesn't like a ton of water and prefers to dry out between waterings. Rosemary loves its own container.

**Mint:** Hardy perennial. Loves plenty of water and well drained soil. Growing in containers keeps it from spreading everywhere!

**Thyme:** Perennial. Needs only minimal watering. Thrives in a container environment.

**Basil:** Annual. Loves plenty of water to keep its fleshy stems and tender leaves plump.. A most rewarding herb!

**Oregano:** Easy to grow perennial. Mature plants don't need much water.

**Chamomile:** Perennial. Lovely herb to dry for a calming soothing tea. Loves growing in full sun.



**Yreka Committee for  
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Join with us to preserve historic buildings, sites and to promote civic prosperity! New members and guests are most welcome.

Check out our website for more information or to donate to a wonderful cause.

**www.yrekapreservation.org**

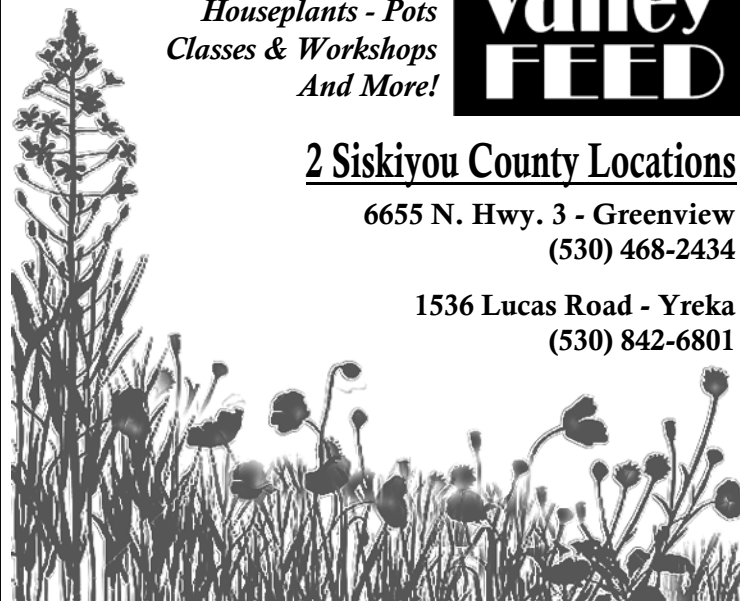
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Noon to 10 pm  
11:30 am to 2 pm  
5:30 pm to 8 pm**





### **Dorris, California:**

### **Home of America's Tallest Flagpole**

Butte Valley teams with American and community pride. In June 2, 1996, this small but energetic community, raised a 30 x 60 ft American flag to fly atop a 200 ft - tall flagpole. Located next to Dorris City Hall, America's tallest flagpole garners immense interest from travelers and residents alike. A community flag raising and barbecue is held annually on the Fourth of July to honor all Veterans and active military who fight to preserve the freedom we all enjoy.

### **CHIROPRACTIC**



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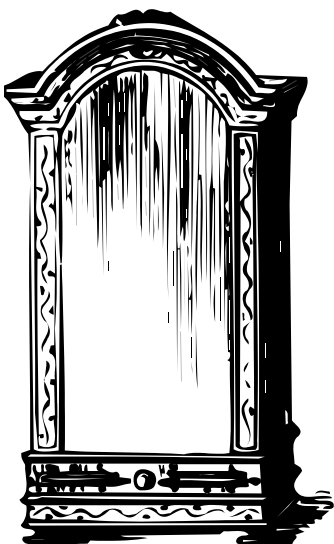


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## Special Summer Concert

Wednesday July 6 at 7:30 pm, at the Kenneth Ford Theater at COS: A Summer Concert comprised of many of acoustic music's brightest stars convene for a journey through Bluegrass, Celtic, Jazz and Old-time music, hosted by 6-time Grand National Fiddle Champions Tristan and Tashina Clarridge.

Advance tickets available for \$20/adults and \$5/kids 12 and under at Village Books in Mt. Shasta. For info call 1-800-838-3006.

## Volcanic Geology Courses this Fall

This fall, COS is offering short-courses that will introduce students to the geologic histories and potential hazards of two of the region's best-known volcanoes: Crater Lake (Mount Mazama) and Lassen Peak.

Crater Lake Field Geology – CRN 7521 (August 26 and 27) will explore the caldera that formed when Mount Mazama erupted catastrophically 7,700 years ago, and give students an opportunity to take the lake tour if they wish (additional fee).

Lassen National Park Field Geology – CRN 7522 (September 16 and 17) will explore the geology of the Lassen Volcanic Center—which last erupted in 1917—and include a short hike to the boiling springs and mudpots of the Bumpass Hell geothermal area.

Go to the website or contact the instructor, Bill Hirt, at (530) 938-5255 to sign up.

College of the Siskiyous

800 College Avenue, Weed, California 96094  
(530) 938-5555 [www.siskiyous.edu](http://www.siskiyous.edu)

## Free Concerts on Friday Evenings at the Park in Yreka!



[www.jeffersonbackroads.com](http://www.jeffersonbackroads.com)

## Where to Go - What to See - When to Do It

Call by the 20th of the month to publicize your upcoming event. We normally distribute between the 5th and 10th of each month.

**July 4th - Annual 4th of July Flag Raising at America's Tallest Flagpole** in Dorris, California! Honoring our Veterans, we will have a parade, flag raising ceremonies, BBQ and Auction. Call the Butte Valley Chamber at (530) 397-2111 or go to [www.buttevalleychamber.com](http://www.buttevalleychamber.com).

**July 2-3-4: Mt. Shasta 4th of July Celebration!** In its 31st Year! Popular 3-day event! On July 4th participate in the Mountain Runner Fun Walk/Run attracting over 6,000 participants. Through the weekend, come see all the craft vendors, food and music. Fireworks over Lake Siskiyou on the evening of Monday the 4th. Call the Mt. Shasta Chamber for all info: (530) 926-4865.

**July 7th through 10th - 57th Annual Weed Carnevale.** Carnival rides, live music, great food, games, Bocce tournament, softball tournament, etc! Call 530-938-4624 or see AD on Page 22 for more info.

**Saturday July 9 - CDFG 2011 Kids Fishing Day** From 8:45 am to 3 pm at the Mt. Shasta Fish Hatchery. Info: 530-225-2368.

**Fri-Sat-Sun July 8-9-10 Ride in the Light Biker Rally.** Lots of fun and events. Disabled and Wheel-chair parade is included this weekend at the Siskiyou Golden Fairgrounds, Yreka, California. See AD and story on Page 2.

**Saturday & Sunday July 16-17 - Scott Valley Bluegrass Festival,** Etna, California. See story and AD on Page 5.

**Saturday July 16 - Rockin the Klamath,** featuring The Spiral Kings. Day-long outdoor summer concert at the River Park in Happy Camp, California. Call the Happy Camp Chamber at (530) 493-2900 or go to [www.happycampchamber.org](http://www.happycampchamber.org).

**Saturday July 16, Outta Weed Run, Weed, California.** The Siskiyou Motorcycle Association will be meeting at Cedar Lanes Bowling Alley at 9-10:45am and riding out and around Mt. Shasta, ending in McCloud. For more info, call Dennis at 530-261-0783.

**Saturday July 23 - 6th Annual Mossbrae Music Festival,** Dunsmuir, California. Delightful outdoor concert featuring music by: Lydia Pense & Cold Blood, Earl Thomas and the Blues Ambassadors, and Sound Advice. Pre-sale tickets are \$30 until July 20th. Food and beverage vendors. Gates open at 3, concert 4 pm. No pets or coolers. Call the Dunsmuir Chamber at 530-235-2177 for info or go online to order tickets: [www.dunsmuir.com](http://www.dunsmuir.com).

**Saturday July 23 at 5pm - Sheriff's Posse Rodeo in Montague.** Entries due by July 16. See Story on Page 22. Call 459-5211 for info.

**Friday July 29 7:30-9:30 pm, Benefit Gala Reception,** Mt. Shasta Resort. A fun celebratory evening of live music from Cole Porter and Gershwin to opera favorites, silent auction, appetizers and no-host bar. Proceeds benefit our free musical performances in schools from kindergarten to college. See [www.musicbythemountain.com](http://www.musicbythemountain.com) for more info or call (530) 926-5942.

**July 29 through 31st - McCloud's 64th Annual Lumberjack Fiesta,** McCloud, California. Lil Logger and Miss Fiesta pageant, vendors, softball tournament, horseshoe tournament, Junior Logging Show, Adult Amateur Logging Show, kid events, music, food and much more! Contact 530-964-2718.

**Saturday July 30 State of Jefferson Brewfest,** Mt. Shasta Ski Park, Noon to 5pm. 19th Annual Event! Come up and experience a fine afternoon of brews, lunch, music and dancing. Admission \$25 for the beer garden which includes commemorative mug! Designated drivers are \$5.00 - Designated Drivers are Welcome! Call 530-926-8600 for more info!

**Saturday July 30 - 4 & 20 Blackbird Music Festival** in Weed, California. 25 bands from Bluegrass to Country Rock! Vendors, craft booths, food & drink. See story and AD on Page 24. Call the Weed Chamber for more info.

# Where to Go - What to See - When to Do It

**Saturday July 30 - 7th Annual ShastaYama Taiko Festival** in Mt. Shasta, California. Gates open at 5 pm at lovely Shastice Park where the slopes of the towering mountain rise above you. The evening will provide a full sensory experience. Lawn seating, blankets, lawn chairs, flashlights advised. Food and refreshments available. Call (530) 859-8686 or go to [www.shastayama.org](http://www.shastayama.org).

**Saturday August 6, 2 pm** at the Siskiyou County Museum, a program will be presented on the history of Hilt by Terry Tallis. Members and the public are invited! Call 842-3836 for more info.

**Saturday August 6 Fine Arts and Crafts** and Art Walk Tours, Noon to 6 pm, downtown Mt. Shasta. Come downtown and enjoy arts and crafts vendors, also bring your unused instruments, music, gear, CDs, media players for the Musician's Swap Meet. Belly Dancers, Street Entertainers, come join the fun! Call 530-938-0130 for more info.

**Sunday August 7 Summit Century Bike Ride**, Mt. Shasta City Park. Challenging climbs, breathtaking views, lightly trafficked rural roads. Cloverleaf route that encourages you to test yourself. You are never more than a downhill away from home. Four routes await you including the 139 mile Super Century that is tougher than the famed Markleeville Death Ride! For more info GO to [www.summitcentury.com](http://www.summitcentury.com).

**Saturday August 20, 8 am Historical Tour.** See AD at right.

## 7TH ANNUAL TAIKO FESTIVAL



SATURDAY JULY 30  
SHASTICE PARK  
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GATES OPEN AT 5  
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- **Bingo Every Wednesday at 6:30 pm**
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**PLAY BINGO WIN CASH \$\$**

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**"Elks Care - Elks Share"**



**"Rockin the Klamath"**  
at the River Park in  
Happy Camp, CA

**Saturday July 16, 2011**  
Noon to Midnight

Music, featuring Medford Group  
The Spiral Kings!

Also food, drinks, craft vendors, talent show & FUN!

Contact the Happy Camp Chamber  
Or go to [www.rockintheklamath.com](http://www.rockintheklamath.com)

## HISTORIC TOUR TO THE WEAVERVILLE MUSEUM

**Saturday August 20, 8 am**  
**Siskiyou County Museum in Yreka.**

Join our car tour/caravan to Weaverville.

We will all be leaving from the museum promptly  
at 8:30 a.m. Many interesting points along the way.

Contact the Siskiyou County Historical Society  
at (530) 842-3836 for more information.

\* \* **Members and the Public are Invited!** \* \*



## Arts & Crafts Classes & Workshops

**Mondays-Thursdays**

**Classes for Kids, Teens & Adults**  
Please call to pre-register

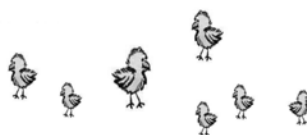
*"What did you always want to create?"*

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# Treats for Chickens

By Dawn Russell

Kelp is a valuable supplement that provides vitamins, minerals, amino acids and carbohydrates that in general, improve the overall health of chickens. Kelp meal can be fed to baby chicks right after hatch and thorough out the lifetime of the flock.

Many of the minerals include: calcium, magnesium, nitrogen, phosphorous, potassium, sodium, sulfur, cobalt, copper, iodine, iron, selenium.

Vitamins include A, B1, B6, (NIACIN), B12, D, E, and K.

Lastly kelp contains 21 amino acids to include lysine, hystidine, and proline.

By adding kelp to your flocks regular intake at the rate of 1-2% (1/4 cup per 11 lbs of feed or 1/4 tsp per gallon of fresh water) you can expect:

- increased hatchability of eggs
- reduced blood spots and increased golden yolk color;
- reduced coccidiosis outbreaks
- bright glossy plumage
- strong development of bone structure
- increased weight gain and overall alertness.

Additionally, kelp provides uniform shell texture and structure to maintain proper intestinal flora and bacteria. By adding small amounts of kelp to your poultry's diet, they will gobble up less food and show an improved overall health, with fewer diseases.

Not only can we as humans benefit, but chickens and their eggs do as well (in fact, gardens veggies, house plants, composts, and feeble soil can too)!

Feeding your chickens kelp is sort of like feeding vegetables to kids. Some may like it, but chances are they won't snap the granules out of the palm of your hand as they would a worm or piece of fresh zucchini, but certainly try (trying is always worth the chuckle and amusement). Sprinkle a little into the palm of your hand, call your flock, and watch how they respond. Like many new foods, one or two may try it and give you a what-the-hell-is-this look, followed by scratching the ground for something more appealing. Don't worry, you haven't broken their trust. There's not a doubt in my mind that if you called them back they would come flying on over for that worm or zucchini.

Treats for Chickens [Cluck'n Sea Kelp](#) is organic, chemical free, geothermally dried and from the environmentally protected parts of the Icelandic region which offer some of the most pristine oceans in the world. ♦

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Health and Happiness  
for the Modern Backyard Chicken


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Weed, California 96094

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*Treats for Chickens is about saving the world, One Backyard Hen at a time.*

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[www.yrekaswapmeet.com](http://www.yrekaswapmeet.com)

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1299 S. Main Street (530) 842-1996 or 842-3591  
Yreka, CA 96097 (530) 842-1739 fax  
[www.siskiyoucountypropertiesonline.com](http://www.siskiyoucountypropertiesonline.com)

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New  
foot bridge  
over  
Lake  
Siskiyou.  
Photo by  
Ralph  
Fain  
2010



# Summer in Mount Shasta

## July 2, 3 & 4 — 4th of July Celebration

Booths and live music downtown. On the 4th join the fun-run/walk at 8:30 am, parade at noon, and fireworks over Lake Siskiyou at dusk. *A big celebration for a small town!*



## July 30 — ShastaYama Taiko Festival

At the base of majestic Mt. Shasta, the 6th annual ShastaYama Festival will once again entertain and inspire audiences with a spectacle of Japanese drumming, dance, and music all in the dramatic venue of Mt. Shasta's Shastice Park.



## August 7 — Summit Century Bike Ride

*Why not ride the prettiest, toughest century in California?* The Super Century is like a "Tour de France" mountain stage. The event features four different rides, each distinct and with many challenges. All rides include food and refreshments at various rest stops, lunch and dinner at the city park finish.



## September 3 & 4 — Cool Mountain Nights

*Celebrate the end of summer on Labor Day Weekend!*

On Saturday enjoy a Classic Car Show 'n Shine and a downtown street fair. Sunday is the Tinman Triathlon at Lake Siskiyou and the Blackberry Music Festival at City Park.



[www.mtshastachamber.com](http://www.mtshastachamber.com)  
(530) 926-4865  
800-926-4865

# Handful of Lakes on the Jefferson Backroads

*Here are just a few of our favorite local "drive to" day trip boating, swimming, camping or fishing lakes.*

*There are a multitude of gorgeous lakes all over our territory which you can hike or backpack into. Have a blast whatever lake you find! All mileages are approximate.*

Bass Lake, Shasta Valley Wildlife Area, 1.5 miles east of Montague.

Castle Lake, 8 miles southwest of the town of Mt. Shasta City.

Copco Reservoir, 26 miles east of Yreka.

Helen Lake, Shasta-Trinity National Forest, approximately 15 miles up the backroad between Lake Siskiyou and Castle Crags State Park, off FS Road 26 on the south edge of the Eddys (photo at right on Pg 21).

Iron Gate Reservoir, 19 miles east of Yreka.

Juanita Lake, 7 miles west of Macdoel.

Kangaroo Lake, 16 miles southwest of Gazelle, between Gazelle and Callahan.

Lake Shastina, 6 miles north of Weed.

Lake Siskiyou, 3 miles west of the town of Mount Shasta (photo above left).

McCloud Reservoir, 10 miles south of McCloud.



Medicine Lake, 31 miles east of McCloud. Part of Medicine Lake Highlands, see more on Pg. 25.

Mumbo Lake, Shasta-Trinity National Forest, FS Road 26 (photo left).

Taylor Lake, 2 miles to the west side of Etna Summit, a short easy hike (when the snow is melted).

Trout Lake, Shasta Valley Wildlife Area, 1.5 miles east of Montague. ♦

Photo at Mumbo Lake 2010 by Ralph Fain



# Fresh Fruits & VEGETABLES



Photo from Late Autumn 2010 of Helen Lake which is part of the Seven Lakes Basin, Shasta-Trinity National Forest



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## Farmers & Growers Markets in Siskiyou County

*Always bring your own bags and do call ahead to be certain - especially wth crazy summer weather in our beautiful remote towns.*

Place	Day	Time	Contact
Dunsmuir	Saturday	9:30am - 12:30	(530) 235-2177
Mt. Shasta	Monday & Thursday	3:30 - 6pm	(530) 926-4865
Yreka	Wednesday	11am - 2pm	(530) 842-1649

**Siskiyou Golden Fair**

**AUGUST 10-14 2011**

**Wednesday**  
Free Concert

**Stardust Cowboys**  
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Photo by Stanley Krute

## Siskiyou County Sheriff's Posse Rodeo Montague Rodeo Grounds - Montague, CA Saturday July 23 at 5 pm

The Siskiyou County Sheriff's Posse is dedicating this year's 30th annual rodeo to the Founding Posse members. The Posse was formed in 1941 and had a total of 44 members. This is the Posse's only fundraising event.

Money raised at our rodeo will go to purchasing training and search equipment. There will also be a drawing at intermission for a 46" Big Screen TV and Blu-Ray Home Theater System. Tickets are \$5 each or 6 for \$25.

For more information on the rodeo or to purchase ticket for the drawing, please call Amber Verry at 459-5211.

You come to our Rodeo - we come to your rescue!



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204 W. Lake Street, Mt. Shasta



[www.jeffersonbackroads.com](http://www.jeffersonbackroads.com)



Come to the 19th Annual State of Jefferson Brewfest at Mt. Shasta Ski Park Saturday July 30 from Noon to 5 pm. Sponsored by the Mt. Shasta Ski Park and the Mt. Shasta Rotary Club. Brews, food, music, fun! Info: (530) 926-8600



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July 2011 Page 22

# A Handful of Rivers on Jefferson Backroads

Upper Klamath	Class IV+	Gradient-40ft. per mile	Length 17 Miles	Scenery-Outstanding
Middle Klamath	Class II/IV	Gradient-14ft. per mile	Length 100 Miles	Scenery-Outstanding
Salmon River (Cal Salmon, Slammin' Salmon)	Class V	Gradient- 31ft.per mile	Length 19 Miles	Scenery- Outstanding
Scott	Class V	Gradient- 52ft. per mile	Length 21 Miles	Scenery- Outstanding
Upper Sacramento (overall)	Class III/IV	Gradient- 53ft. per mile	Length 36 Miles	Scenery- Outstanding
Trinity	Class II/V	Gradient-9 to37ft. per mile	Length 75 miles	Scenery- Outstanding
Rogue Wild & Scenic	Class III/IV	Gradient- 13ft. per mile	Length 35 miles	Scenery- Outstanding
Illinois	Class IV/V	Gradient-24ft. per mile	Length 31 Miles	Scenery- Outstanding
Smith	Class II/V	Gradient- 28ft. per mile	Length 8 miles	Scenery- Outstanding
North Fork Smith (no shorter runs)	Class IV	Gradient- 44ft. per mile	Length 13 miles	Scenery-Outstanding
South Fork Smith	Class III/V	Gradient- 30 ft. per mile	Length 13 miles	Scenery- Outstanding

You can go to <http://www.waterdata.usgs.gov> to check out the flows of all the above rivers. This list is strictly for entertainment purposes. For specific local information and current conditions, contact local guides and managing agencies. There are also a number of books available with detailed information. Nothing replaces experience, common sense, safety and sobriety while floating on the river!





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**Ken Joling & Earl Joling**



# Two Thumbs UP for Two Amazing Projects in Progress by Local Businesses and Citizens to Beautify DownTown Weed, California



## Project 1 - The Small Howard Post Clock – 2 Dial

The clock that we have chosen is the Small Howard Clock with Illuminated Header made by the Electric Time Clock Company. This clock stands 10'9" tall and will be the perfect complement to the new lampposts that are being installed on Main St. this year. The clock will occupy the corner of Inez and Main St. and will be situated so the two faces are visible from both directions on Main St. The cost of the clock comes to \$17,178.00, which includes 23K Gold Leaf Highlighting, an illuminated header, custom raised aluminum header lettering and saddle lettering, and custom dial lettering.

Exclusive/Co-Sponsors will be celebrated with their name on a special plaque - for the Clock OR the Marquee (below). Please contact Glenn Sawyer (850)-545-0206 to set up a meeting about sponsoring this clock and improving Weed, CA!



Old Weed Palace Theatre



New Proposed Weed Marquee

## Project 2 - The Iconic Weed Palace Theatre Marquee

Of the two projects that we have chosen for our first push to improve Weed, the larger and more involved of the two is the restoration of the iconic Weed Palace Theatre Marquee. This project will restore the façade of the theatre to its original glory. We believe that this marquee will help to make the theatre the centerpiece of Weed, CA. This will increase community pride as well as tourist traffic resulting in increased business opportunities.

The Marquee will cost a total of \$68,550.00, which includes the actual marquee, 2 changeable letter boards to go on either side of the marquee and a set of alphabet letters. In addition, this price includes any additional parts that are needed, as well as labor for fabrication and installation from Alpha Architectural Signs and Lighting.



## **4 and 20 Blackbird Music Festival A Benefit for Weed's Downtown Clock and Marquee**

**Saturday July 30 from 11am - 11pm  
Downtown Weed, California**

**25 bands - Bluegrass to Country Rock!**

**5 Stages - Street Vendors - Block Party**

**Brought to you by the Weed Chamber of  
Commerce, the Mongo Party, Blackbird  
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**Info: (530) 938-4624**

**[www.4and20festival.com](http://www.4and20festival.com)**



# The Five Volcanoes of The State of Jefferson

Mount Thielsen or Big Cow Horn  
Elevation 9,184 feet  
Klamath County, Oregon  
Last Erupted: 250,000 years ago  
Mount Thielsen Wilderness Area



Mount Thielsen is sometimes referred to as the "Lightning Rod of the Cascades." It's an extinct shield volcano previously inhabited by Chinook Native Americans, and was referred to as "Hischokwolas." The mountain was named after Jon Hurlburt, a Polish Explorer. The spire-like shape of Thielsen attracts lightning strikes which forms an unusual mineraloid called fulgurite. Fulgurites are natural hollow glass tubes formed in quartzose sand, silica or soil by lightning strikes.

Lassen Peak  
Elevation 10,457 feet  
Shasta County, California  
Last Erupted: 1914-1921  
Lassen Volcanic National Park



Lassen Peak is located in the volcanic mountain area to the east of Redding, California. Native Americans called this area home long before white settlers ever saw Lassen. The mountain was named after Peter Lassen, a Danish blacksmith immigrant who settled in Northern California in the 1830s. Lassen is one of the world's largest plug dome volcanoes. The series of minor to major eruptions occurred between 1914 and 1921. Many homes along area creeks were destroyed.

Mount McLoughlin  
Elevation 9,344 feet  
Jackson County, Oregon  
Last Erupted: 30,000 years ago  
Sky Lakes Wilderness Area



This is a steep-sided lava cone built on top of a shield volcano. Most of the information gathered about this volcano came from LeRoy Maynard of the Center for Volcanology at University of Oregon. Mount McLoughlin was named after John McLoughlin, an Agent for the Hudson's Bay Company. The Pacific Crest Trail skirts the northern and eastern sides. On a clear day from the summit, one can see Crater Lake and Mount Shasta.

Medicine Lake Highlands  
Elevation 7,913 feet  
Siskiyou County, California  
Last Erupted: Year 1065  
Lava Beds National Monument  
and Klamath National Forest



Considered a sleeping giant, this is the largest volcano in the Cascade Range. This large shield volcano last erupted in 1065, forming near-by Glass Mountain. Medicine Lake's eruptions created rugged lava flows near Tulelake, California and Klamath Falls, Oregon which were used as convenient hiding places by the Modoc Indians during the Modoc War in the 1870s. Come and visit the incredible Medicine Lake area, Glass Mountain, and Captain Jack's Stronghold which is part of the Lava beds National Monument.

Mount Shasta  
Elevation 14,179 feet  
Siskiyou County, California  
Last Erupted: 1786  
Mount Shasta Wilderness  
and Shasta-Trinity National Forest



The 5th highest peak in California, Mount Shasta has the most volume of the stratovolcanoes in the Cascade Volcanic Arc. The Karuk Indians call her Uytaahkoo or "White Mountain." Theodore Roosevelt once said: "I consider the evening twilight on Mount Shasta one of the grandest sights I have ever witnessed." Shasta is home to seven named glaciers, and has erupted on average once every 600 years during the past 4,500 years.



# Dana's Lovely 1st Visit to Stewart Mineral Springs Retreat

I can hear it now, at the old folks home I'll never live in . . . "So, how did you celebrate *your* 50th birthday Dana? Swilling expensive champagne at that divine restaurant. You know the one, down on the bay . . . *Ummm, not exactly.* "Oh, knowing you as well as I do. You were dancing on tabletops again to that rapping noise like you did in your 20's?" *Ahhh, that was Stevie Ray and it was on the bar, not a ....* "Oh I know now, you looked up that Brazilian cabaña boy and danced naked on the beach . . . " *I jabbed Ruthie's chair with my hiking boot. Let me tell you another story...*

Last year, I turned 50. I'm not sure how *that* happened as I was only 48 the previous year. That is until my sister did the math and pointed out yes I was 50. Argh! What happened to 49? Since the auspicious day was only one month away I had to move quickly to plan something special, so I hit the internet.

Too late to place a trip to abroad, I focused on something closer to home. I surfed to some of my favorite retreat sites. Nothing felt right. I expanded my search with a more generic description of mineral springs in California. As I scrolled through the familiar places until one jumped out; Stewart Mineral Springs Retreat in Shasta. Huh, this is new. As I clicked from page to page I thought "How did I miss this place?" I've been going to hot springs for over 30 years. From natural mud baths in Montana, to underground caves in Colorado, to remote locations in Arizona, I've had amazing experiences. Yet here was a new adventure in the making. One page really caught my eye; Native American sweat lodge. I checked the calendar and saw that a sweat was actually scheduled on my birthday. It's always dicey booking reservations from web site photos and descriptions alone but this place just felt right.



Bath house at Stewart Mineral Springs Retreat

The short drive off I-5 took me through dehydrated, late summer fields and into a lush, forested valley. I followed my map to the end of the road and stopped before a small sign saying Stewart Mineral Springs, Welcome. I'm always amazed at the stillness I experience after being on the road for hours. Stepping from the car, I stretched, taking several minutes to look around. The fragrant pines were an immense welcome to my senses after the drive. Around me were several rustic buildings and I could hear the gurgle of the creek nearby. So far, so good!

Check-in was easy and the people were nice. They informed me that the last bath was in 15 minutes, "Would you care to take a bath?" the receptionist asked. I wasn't exact sure what their definition of a 'bath' was but after a six hours in an air conditioned car, there was nothing I'd like better than to get naked in hot water. The sweat lodge ceremony was the next day at 6 pm she told me as I headed toward



Sweat lodge at Stewart Mineral Springs Retreat

my lodgings. Number 13 stood alone, nestled in the trees. From his roof perch, a stellar jay watched me unload my bags and walk up the stairs. 'Hello you too' I said as I turned the key in the lock.

I schlepped the rest of my bags, food, and well-traveled, red teapot to the cabin. After depositing the goods in the fridge, I poked around the bathroom and bounced on the bed. Everything was clean, tidy and obviously well-maintained. I was very pleased to see a small, wood stove but decided that it would be unnecessary this late summer and draped my grubby travel clothes on it.

Comfortable in my sweats, I headed to the bathhouse. I crossed over the creek on a wonderful, timber, walking bridge. I wanted to hang over the edge and let the moving water mesmerize me a bit but I'd have time later to check out the grounds. I was on a mission! Entering the bathhouse through the gift shop, I was greeted by an attendant. She took my bath coupon explaining the bath experience. First, I was assigned a private room with a clawfoot bathtub. She briefly left to fill the tub and then we walked down one short wing to a large, wooden door that she opened. I was immediately engulfed in hot, fragrant air. I peeked inside and saw a windowed firebox at the back of the sauna. Flames were dancing around several logs and the embers provided a soft glow illuminating a large, bench lined room. Aromatic cedar filled my lungs as we closed the door. After the bath and sauna, she suggested a plunge in the pool. Pool? What pool? She led me to the outside deck and pointed to the large, natural rock-walled pool that had been crafted in the creek. I noticed a sign on the wall with today's water temperature, 53 degrees. The plunge won't take long, I thought as I headed back to my room.

I lit the candle provided and slid into the bath. The water was divine and a perfect temp-

Continued on Page 31 

# The 14 Museums of Siskiyou County, California

Make sure to call museum to check for times and dates of operation.

Butte Valley Museum and Historical Society (Under Development) Dorris, CA 96023 (530) 397-5831 www.buttevalleymuseum.homestead.com	Montague Depot Museum 230 South 11th Street Montague, CA 96064 (530) 459-3385
Dunsmuir Railroad Depot Museum Pine Street and Sacramento Avenue AMTRAK Station Dunsmuir, CA 96025 (530) 235-0929 http://www.dunsmuir.com/visitor/railroad.php	Open Year Round The People's Center - The Karuk Tribe 64236 Second Avenue Happy Camp, CA 96039 (530) 493-1600 www.karuk.us/peoples center/peoples center.php
Etna Museum 520 Main Street Etna, CA 96027 (530) 467-5366 www.etnamuseum.org	Open Year Round Siskiyou County Museum 910 Main Street Yreka, CA 96097 (530) 842-3836 www.siskiyoucountyhistoricalsociety.org
Fort Jones Museum 11913 Main Street Fort Jones, CA 96032 (530) 468-5568 www.fortjonesmuseum.com	Sisson Museum 1 North Old Stage Road Mt. Shasta, CA 96067 (530) 926-5508 www.mountshastasissonmuseum.org
Heritage Junction of McCloud 320 Main Street McCloud, CA 96057 (530) 964-2604	Open Year Round Tulelake Museum of Local History 800 South Main Street Tulelake, CA 96134 (530) 667-5312 www.tulelake.org www.visittulelake.com
Open Year Round Klamath Basin NWR Visitor Center 4009 Hill Road Tulelake, CA 96134 (530) 667-2231 www.fws.gov/klamathbasinrefuges	Weed Historic Lumber Town Museum 303 Gilman Avenue Weed, CA 96094 (530) 938-0550 www.siskiyou.edu/museum
Open Year Round Lava Beds National Monument 1 Indian Well Headquarters Tulelake, CA 96134 (530) 667-8100 www.nps.gov/labe	Open Year Round WWII Valor in the Pacific National Monument 800 South Main Street, Tulelake, CA 96134 (530) 260-0537 www.nps.gov/tule



Fort Jones Museum,  
Fort Jones



The People's Center, The  
Karuk Tribe, Happy Camp



Sisson Museum,  
Mt. Shasta City



Siskiyou County Museum,  
Yreka - Capital City of the  
State of Jefferson



Weed Historic Lumber  
Town Museum, Weed

Also check out the Yreka Fire Department's Ley Station & Museum in historic downtown Yreka.  
Call the Yreka Chamber of Commerce at (530) 842-1649 for hours of operation.



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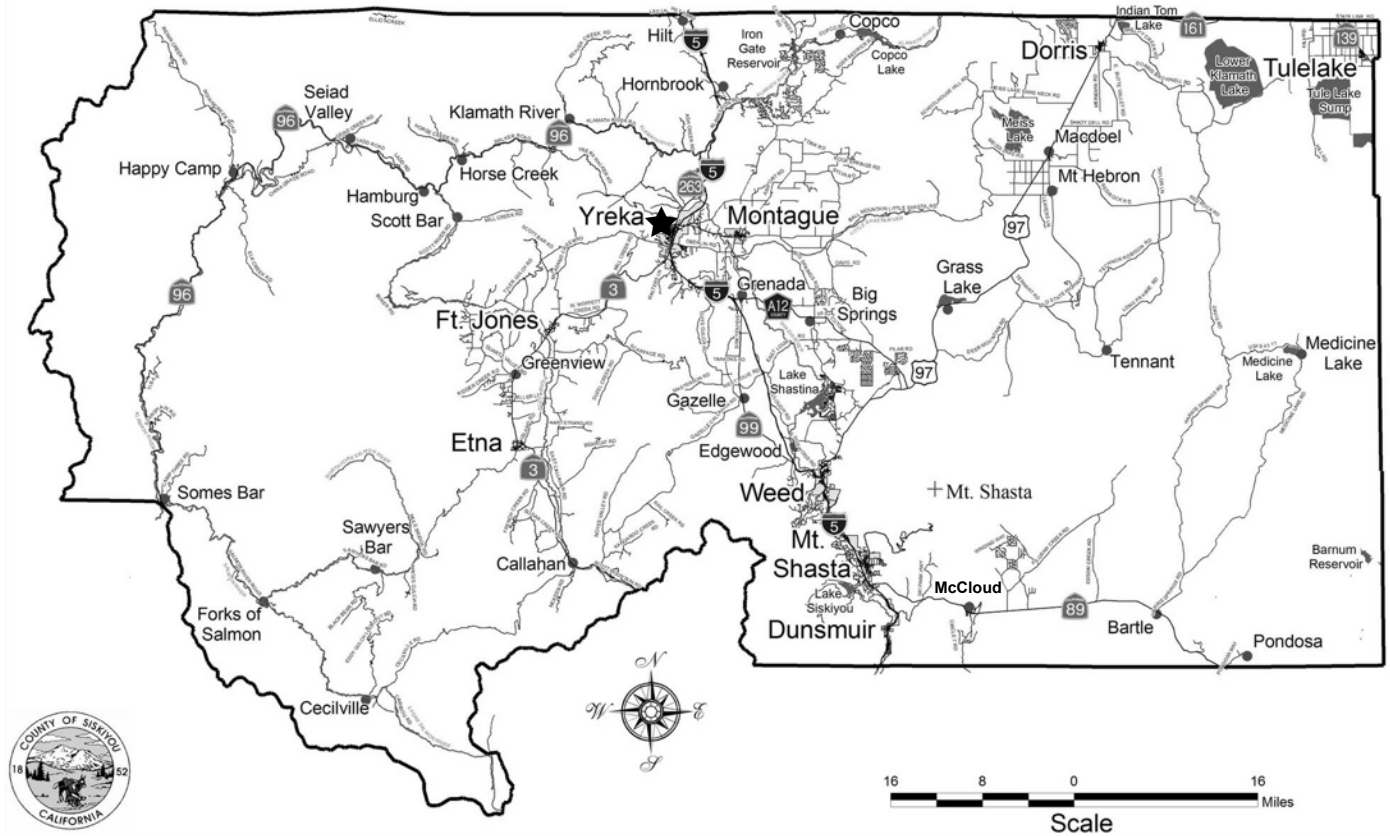
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## SISKIYOU COUNTY HISTORICAL SOCIETY



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- Membership is only \$30 per year

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www.siskiyoucountyhistoricalsociety.org



Mileages below are approximate and depend totally on your chosen route. Have fun!

Mileage Chart	Adin, CA	Alturas, CA	Arcata, CA	Ashland, OR	Bandon, OR	Bend, OR	Bieber, CA	Burney, CA	Chico, CA	Etna, CA	Grenada, CA	Fairbanks, AK	McCloud, CA	Medford, OR	Portland, OR	Reno, NV	Tulelake, CA	Williams, CA	Yreka, CA
Brookings, OR	301	295	103	138	83	338	289	276	312	205	186	3106	224	127	344	431	226	342	176
Coffee Creek, CA	172	197	132	106	289	268	144	131	147	39	59	2834	81	119	391	285	136	177	68
Crater Lake, OR	161	159	255	91	186	105	155	202	270	158	133	2949	151	79	247	332	89	299	130
Dunsmuir, CA	93	148	194	85	262	226	81	67	124	68	37	3069	16	96	368	222	95	155	46
Fort Bragg, CA	334	374	141	340	326	509	322	284	183	302	319	3308	299	329	547	318	378	130	328
Fort Jones, CA	154	194	182	58	234	238	127	113	181	11	23	3102	62	69	341	269	107	212	18
Greenview, CA	159	199	178	62	239	242	132	118	186	7	28	3107	67	73	345	273	111	217	22
Happy Camp, CA	196	251	122	97	192	280	184	170	238	72	81	3079	119	104	318	326	164	274	70
Hornbrook, CA	140	170	191	29	202	210	128	115	183	44	25	3071	452	37	309	270	98	214	15
Klamath Falls, OR	102	100	263	64	241	138	95	143	211	112	77	2982	91	76	279	271	29	242	81
Lakeview, OR	93	53	338	160	342	175	106	144	259	208	173	2999	186	172	350	226	124	298	183
Montague, CA	123	178	198	49	221	220	111	97	165	35	6	3090	46	56	328	253	89	197	7
Mt. Shasta, CA	89	144	201	81	253	217	77	64	132	59	28	3061	12	88	360	219	86	163	37
Redding, CA	104	143	140	140	312	277	91	53	73	120	88	3121	68	148	420	199	147	104	97
San Francisco, CA	319	359	280	356	464	493	305	267	171	337	303	3527	284	363	636	218	361	114	312
Seattle, WA	554	552	580	458	420	329	546	596	664	525	506	2590	545	446	173	720	479	695	496
Weaverville, CA	148	189	96	148	277	305	137	99	118	129	96	3149	112	155	428	242	191	148	105
Weed, CA	98	153	193	72	244	209	85	72	140	53	19	3052	21	79	352	225	77	171	29



# Backroads Adventures by Ralph Fain

## Deep Pit Eats from a Backroads Backyard

*"If more of us valued food and cheer and song above hoarded gold, it would be a merrier world." – J. R. R. Tolkien*

As I peered out of the hole I was digging I realized that soon I would be speaking Chinese if I continued. Thankfully, I finally hit bedrock, actually hardpan but it sure felt hard as bedrock! I threw out the pick, shovel and last but not least my body. Looking into the hole, I had a sense of accomplishment, ownership. This was my hole, my Deep Pit BBQ hole. Five feet long, three feet wide and two and a half feet deep. It was supposed to be three feet deep but hardpan rescued me from the last six inches.

I have never seen or cooked in a Deep Pit BBQ but we were planning our annual family and friends gathering. Additionally, we would be celebrating my wife's birthday, a milestone birthday. I decline to say which one as I am a man of discretion, valor and self-preservation. But we wanted to do something new and different so we decided on the Deep Pit BBQ.

I performed my perfunctory internet searches including Hawaiian style, Fijian style, cowboy style and YouTube video clips of this type of BBQ. I gathered tips from Nick Branson at BNG Finish Products who was remodeling our kitchen and Jim Hauser from Siskiyou Distributing who has lots of experience with Deep Pit BBQ. Michelle and I gathered lava rock from the east side of Jefferson Country and friends Earl and Billie Rainwater from Dana provided the black oak. Banana leaves and meat came from Siskiyou Distributing, also burlap and a wire basket made to fit the hole rounded out our provisions.

At midnight the night before our dinner we filled the hole with newspaper and kindling and set it ablaze. As the fire burned we added larger pieces of oak. As the coals accumulated we dropped in the lava rocks and added still more oak. We drank beer and watched the fire burn down. About 3:30 in the morning we had about 16 inches of coals and glowing red lava rocks. Everything was laid out and ready. You have to act quickly as you place a layer of wet burlap over the hot rocks, drop in the wire basket, place the banana leaf and wet burlap wrapped meat in the basket, cover with a heavy layer of banana leaves, then with steam billowing from the pit, cover the hole with metal or wet plywood. We dropped a tarp over the plywood and covered it with the dirt from the hole.

You have to make sure there is no smoke or steam escaping from your pit. If oxygen enters the pit, combustion occurs and you open your pit 12 hours later to find nothing but ash instead of the main course.

Twelve hours later we opened the pit. This is an event with everyone gathered around for the unveiling. We are either champs or chumps with six bone-in pork roasts, one goat and one whole turkey for everyone's main course on the line!



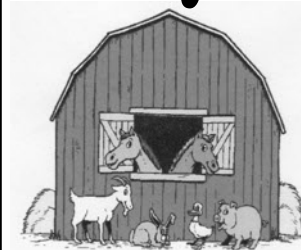
Photo of the Dudes Who Done Did The Deep Pit BBQ left to right: Tyler Gausen, Bryce Hagge, Ralph Fain, Jeremy Fain, Ian Garcilaso and Rich Bettencourt taken by Barbara Beebe

Cut off the burlap and open the banana leaves.....the steaming meat falls away from the bones! Tender, moist and fantastic! With this venture, we are champs!

Our Deep Pit area is here to stay for future gatherings, so please let us know if you have ideas or suggestions to improve or modify our process!

*"Dining with one's friends and beloved family is certainly one of life's primal and most innocent delights, one that is both soul-satisfying and eternal." –Julia Child ♦*

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erature. With my 6-foot body completely submerged in the large tub and I felt like I was enveloped in warm, velvet. Blissed out, I gently floated and let the day's travel evaporate. The water was divine and honestly, I don't think I'd ever felt this kind of softness in a mineral bath. Before I completely felt my toes shrivel inside out, I wrapped a sheet around me and headed to the sauna. Typical of most saunas, the large room had two tiers of wooden benches for sitting or reclining. Even though there were several other bathers present, I had space to stretch out and breathe the cedar-scented air. People respectfully came and went. Soon, it was my turn to leave the glow of the sauna and head for my plunge (I love that word!).

I'm generally not anxious about jumping into brisk, river water but after baking myself, I decided the quick plunge approach was wiser than the slow, squinching, method. One swift dunk in the two foot rock pool and several refreshing but pathetic breast strokes across took my breath away. I crawled out on an adjoining bench to catch the sun. As I watched the water tumble over the rocks, I felt very close to nature and the spirit of the springs.

I scurried back to my room and once again immersed myself in the water. A curious thing happened. Being a ceramic artist and Reiki teacher, my hands are especially sensitive. As I relaxed further, I felt the palms of my hands and the soles of my feet tingle and throb with surges of energy. They felt like they were wide open and filled with a tremendous flow of light. Slowly, this feeling spread up my limbs and into my body until there were no boundaries between the water and me.

I woke up Saturday to the reality of being officially middle aged. Ugh, horrid phrase that. After lunch and another amazing bath, I took a short walk upstream looking for a place to just sit and be. Paralleling the creek, I passed other lodgings, the springs Source House, and was quickly alone in the woods. After several hundred yards of boulder hopping, I sat on a large rock surrounded by shallow, swift moving waters. With the warming, late afternoon sun on my back, I dangled my feet in the small pool, feeling the currents swirling around my ankles. What a truly special place this is. The combination of the energy of the land and the water was one I had not experienced in my travels. I was still for a very long time, again feeling a connection, as with my first bath. To my surprise, I heard a drum beat. Wow, I thought, I have a great imagination! I opened my eyes and realized the sound was real and announced beginning of the pre-sweat ceremonies.

About an hour later, I walked towards the sweat lodge. Earlier, when I told the bath attendant that I was planning on celebrating my birthday by taking a sweat, she explained ceremony etiquette. I approached the group with a bit of my own insecurities about being a new comer but also with an open heart, excited for another experience. The drum beater was Walking Eagle, elder tribesman of the Karuk and leader of the sweat lodge ceremony.



Stay in a TeePee at Stewart Springs . . .

Just before we entered the lodge, he came up to me and said he was deeply honored that I chose to celebrate this day with a sweat. Walking Eagle held my hand and thanked me. I was thinking, are you kidding? I'm the one honoring you and this amazing ceremony. Thank you, it is my honor as well, I replied.

I left Stewart Springs several days later. The mineral waters had worked their enchanting magic and I felt balanced and at peace. Between the baths and the sweat, both body and spirit had been purified in a most meaningful way.

As I write this, I am once again feeling a deep connection with the land and the magical, healing waters of the springs. Perhaps it's time to celebrate the lost 49th year with another visit...

*Dana Goforth - California - 2010 ♦*

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